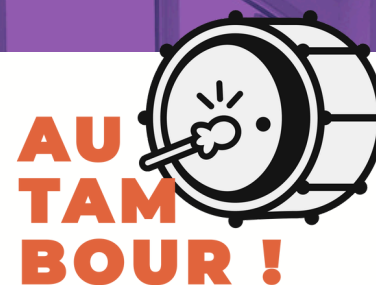


**95 rue Crillon
69006 Lyon**

Monday • 2:30 pm – 5:30 pm
Tues. • 1:30 pm – 4:30 pm
Wed. • 10 am – 1:00 pm

For an **initial meeting** or in case of **emergency**,
you may also come outside of group times:

Monday • 2:00 pm – 2:30 pm –
Tuesday • 1:00 pm – 1:30 pm



faire du bruit
pour les femmes

A daytime **support space**
dedicated to providing
respite and **well-being** for
women who are isolated, in
precarious situations,
and/or victims of violence.



06 77 08 09 15



contact@autambour.fr



www.autambour.fr



A **team of women** (health, social, and well-being professionals, along with volunteers) welcomes you during group times, **no appointment needed**.

A **women-only space** open to anyone identifying as a woman.

Children are not accommodated.

SUPPORT, LISTENING, MEDIATION, SOCIAL CONNECTION

- Community room, refreshments
- Individual meetings
- Group workshops
- Wellness and cultural outings



GUIDANCE & INFORMATION

- Support for access to rights and administrative assistance
- On-site sessions with local partners (healthcare access, sexual health, screening, etc.)



HYGIENE & CARE

- Private showers
- Hygiene and menstrual products
- Female and male condoms
- Individual wellness sessions by appointment

